





Branch	Sexual Alchemy
Module 1	Healing Love for all women and men
Description 	<p>Is a opportunity to recognize and experience the tremendous power hidden within the sexual energy for healing ourselves and becoming creative. A simple yet practical and grounded approach how to cultivate and transform sexual energy into life force and into spiritual energy: deeply nourishing and self-healing. These techniques (which do not require a partner) help alleviate sexual frustration and difficulties with menstrual cycles and menopause symptoms. This creates a deep inner foundation for our longterm health and high life quality. Men: learn how to control ejaculation and to transform sexual energy into chi (life force) and then transform it up to spirit force. Women: Learn how to control menstruation and transform blood into chi and likewise transform it up to spirit force.</p>
Content	<p>Learn to tap into your creative energy.</p> <p>Learn how to create a creative high health and energy life style</p> <p>Learn how to harmonize your inner power and love fueled by creative energy</p>
Learning objectives	<p>Learn to activate, generate and circulate your creative (sexual) energy</p> <p>Learn how to be in essence / in communion and communcation with others</p> <p>Learn how to cultivate essence in a partnership</p> <p>Deepen inner Smile</p> <p>Deepen 6 Healing Sounds</p> <p>Deepen Microcosmic Orbit</p> <p>Deepen Iron Shirt Chi Kung Posture Tree and Turtle</p>
Note	<p>All exercises are done respectfully with cloth on either sitting or standing and there is no interference with anyones privacy or intimacy during the whole seminar.</p>
Requirements	Module 1
Methodology	<p>Theory and Practice</p> <p>Individual exercises and plenary discussions</p>
Recommendation	<p>In perparation for the course please read for example the following books:</p> <p>All healing love books are suitable to read in preparation for this seminar.</p>
Date	https://www.universal-healing-tao.ch/en/calendar
Languages	English, French, German
Duration	1 ore 2 days
Time	09.30 - 13.00 / 14.00 -17.00
Location	Switzerland in Bern and Lausanne
Speaker	Senior Instructor Rentao Ravasio



Branch	Sexual Alchemy
Module 2	Healing Love for Couples
Description 	<p>Blend of sexuality and spirituality for a fulfilling and harmonious relationship: a practical and grounded approach to cultivate an energy field of love, joy and bliss that nourishes both partners alike. During the seminal- and ovarian Kung Fu both you and your partner will circulate your sexual energy in the Microcosmic Orbit and energize your whole bodies. Learn how to balance and cultivate your own energy potentials, to share with each other the surplus of your yin / yang essence and to support your essences to find deep spiritual oneness, harmony as well as the cultivation of the bliss heart in your relationship.</p>
Content	<p>Learn how to create a essence relationship and the blissfield of relationship</p>
Learning objectives	<p>Learn to activate, generate and circulate your creative (sexual) energy</p> <p>Learn how to be in essence / in communion and communion with others</p> <p>Learn how to cultivate the 3 forms of love "eros, amor and agape"</p> <p>Learn how to cultivate essence in a partnership</p> <p>Deepen inner Smile</p> <p>Deepen 6 Healing Sounds</p> <p>Deepen Microcosmic Orbit</p> <p>Deepen Iron Shirt Chi Kung Posture Tree and Turtle</p>
Note	<p>All exercises are done respectfully with cloth on either sitting or standing and there is no interference with anyones privacy or intimacy during the whole seminar.</p>
Requirements	<p>please inquire</p>
Methodology	<p>Theory and Practice</p> <p>Individual exercises and plenary discussions</p>
Recommendation	<p>In perparation for the course please read for example the following books:</p> <p>All healing love books are suitable to read in preparation for this seminar.</p>
Date	<p>https://www.universal-healing-tao.ch/en/calendar</p>
Languages	<p>English, French, German</p>
Duration	<p>1 ore 2 days</p>
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Location	<p>Switzerland in Bern and Lausanne</p>
Speaker	<p>Senior Instructor Rentao Rvasio</p>