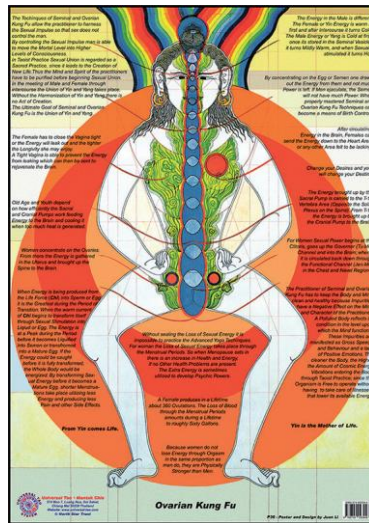
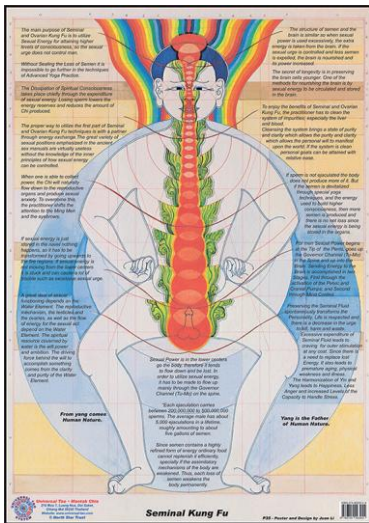
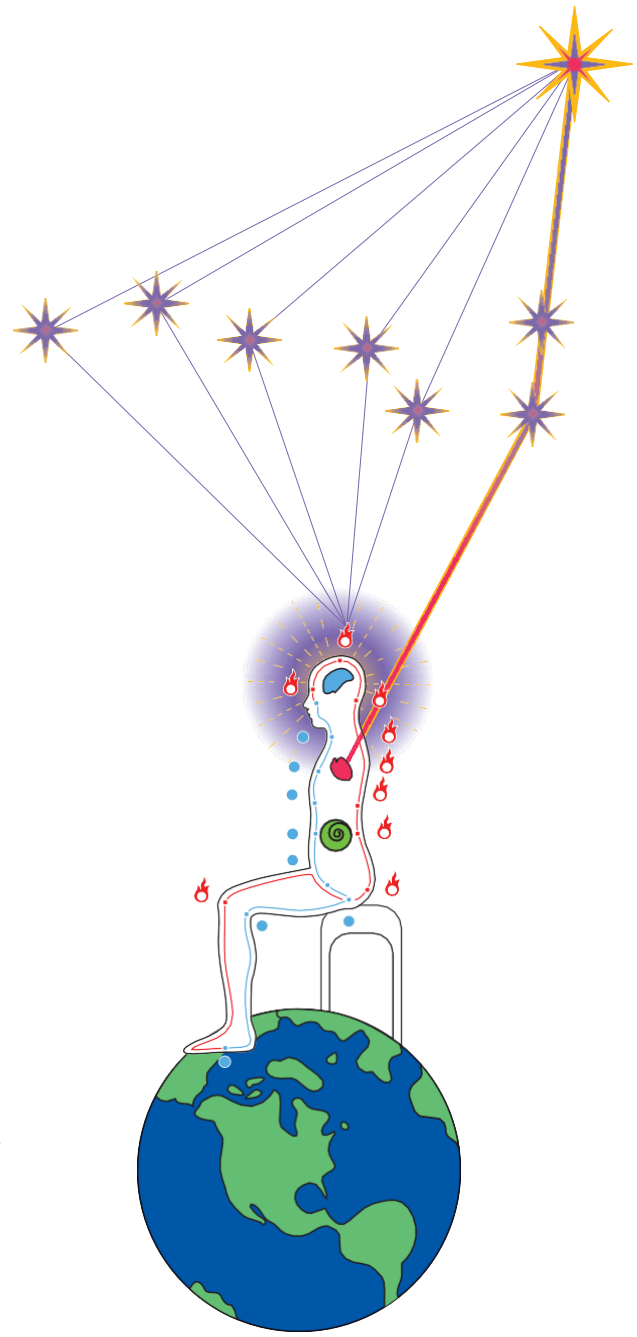




# 2 Days • Healing Love

Cultivate your creative energy • become multiorgasmic • live your potential

Venue: Bern  
Time: 09.30 - 17.00  
Costs: CHF 360



With this practical and grounded approach, we invite you to explore your potential and become multi-orgasmic. Circulate your essence in your body for healing and manifesting joyful and harmonious relationships.

# UNIVERSAL HEALING TAO SYSTEM (UHTS)

## Healing Love and Sexual Energy Cultivation Branch

**Healing Love** cultivates the most powerful energy, the creative energy, in our bodies and harmonizes our sexual energies. The conscious refinement and circulation of creative energy in our body leads to healing and joyful, fulfilling relationships. The three forms of love (Amor, Agape, Eros), which find expression through our three main centers in the body (belly, heart, head) are harmonized and balanced. These techniques are particularly effective with potency problems, prostate problems, PMS, menstruation, menopause and abdominal disorders. Note: Privacy is ensured throughout the seminar and certain exercises are therefore only explained or exercised rudimentarily.

**Women** learn the breast massage, ovarian breathing and egg exercises that not only have a very positive impact on health and promote creativity, but also resolve blockages and increase the sensation of pleasure.

**Men** learn to massage the sexual organ and testicles as well as a breathing technique by which one can control premature ejaculation or stop it all together, and when mastered, can result in multiorgasms and total body orgasms, healing and pleasure beyond the ejaculatory orgasm.

Besides specific exercises healing love exercises you also will learn the UHT basics, which are a prerequisite for enjoying the benefits of the healing love practices. Learn to recharge your internal battery, to boost your immune system, transform negative emotions, and increase creative potential to activate your spiritual energy. Create a conscious connection with your inner source and experience how to increase your own life force "Chi" and activate your spiritual intelligence.

**Through Warm up and Chi Kung** (intensive work with our inner energy) exercises we enhance the capacity of our physical and energetic body to absorb more energy.

**The Inner Smile** is a wonderful relaxation exercise through which we achieve harmony with our physical body thereby also learning to accept and respect unconditionally ourselves with all our bodily functions (glands, organs, cells, bones, etc.).

**The Six Healing Sounds** support us to transform negative emotions, stress and pain into life force. Our organs are detoxified and regenerated.

By **opening the Microcosmic Orbit** we guide our consciousness and energy along the two main meridians in our energy body, which supplies our entire body with more vitality and consciousness. We become healthier, less susceptible to stress, more balanced and flow through life with joy.

**Iron Shirt Chi Kung** supports through positions and concentration the flow of energy, strengthens our roots, opens energy channels and energizes muscles, tendons, nerves, organs as well as unifies our whole bone structure. In this way we build a so-called "protective Iron Shirt Chi" and are able to maintain healthy chi pressure, posture, as well as inner stability, efficiency and effectiveness.



### Rentao

As a former professional athlete and sports teacher, I was looking for training methods that work from the inside out instead of from the outside in. I found the answers in UNIVERSAL HEALING TAO (UHT) and became a student, assistant and senior instructor of Grand Master Mantak Chia - founder of the UHT system. I ran a Taoist health centre in the Swiss Alps for over 12 years and have been teaching all over the world for more than 30 years. In 2008/2012 I organised the first European UHT Instructor Conferences with over 250 instructors from 27 countries. As a coach, I share my health prevention concepts **flowjoy©** and **4-Dimensional Health (4-DH®)**, as well as practical exercises that enable every human being to live in flow, joy and love in 24-hour everyday life.