



Upgrading Certifications Trainings

Information

Questions? Please call Rentao 076 332 39 39.

What is upgrading?

After a UHT Switzerland Student has acquired the first UHT Certification it is possible to study further modules, get upgraded and acquire like this additional teaching certifications.

A detailed description of the Upgrading TRAININGS you find on the UHT Switzerland Website:

- go to <https://www.universal-healing-tao.ch>
- Step 1 click on **Info Document button** on top of website
- Step 2 scroll down to **TRAININGS / FORMATIONS / AUS-, FORT-, UND WEITERBILDUNG**
- Step 3 find the training you are interested in to upgrade
- Step 4 click on button English, French or German and you find the description

What follows is a description of the Upgrade Pre-Conditions (see below)

To upgrade from one level of certification to the next level there are pre-conditions in order to enter any upgrading training and after to apply for being evaluated and certified.

Upgrade	from...to	Pre-Conditions
Upgrade from to	Inner Alchemy Qigong Instructor Level 1 Inner Alchemy Qigong Instructor Level 2	Certified in Level 1 in all 4 discipline minimum 6 month teaching Level 1
Upgrade from to	Inner Alchemy Qigong Instructor Level 2 Inner Alchemy Qigong Associate Instructor	certified in min. 1 discipline Level 2 & min. 6 months teaching Level 2
Upgrade from to	Inner Alchemy Qigong Associate Instructor Inner Alchemy Certified Instructor	after teaching min. 6 month as IA Associate Instructor additional 120 h workshops in Basics and Fusion

Upgrade from Inner Alchemy Certified Instructor
to **more Module certifications as a certified inner Alchemy Instructor**
 To get certified in the levels below, you need a minimum of workshop hours in the upgraded level and additionally in some cases specific Case Study Forms.

Upgrade to **Minimum Workshop hours required**

- 8 Inner Alchemy Qigong disciplines:
 - Level 1 5 hours in each of the 4 disciplines
 - Level 2 10 hours in each of the 4 disciplines
- Healing Love (HL) 20 hours
- Tao Yin(TY) 10 hours
- Iron Shirt 1 - 5 Positions of Iron Shirt (IS) 10 hours
- Iron Shirt 2 - Tendon Nei Kung (BMNK) 10 hours
- Iron Shirt 3 -Bone Marrow Nei Kung (TNK) 10 hours
- Tan Tien Chi Kung (TTCK) 10 hours
- Tai Chi Chi Kung 1 (TC1) 10 hours
- Tai Chi Chi Kung 2 (TC2) 10 hours
- Tai Chi Chi Kung 3 (TC3) 10 hours
- Cosmic Vision (key CV) 10 hours
- Fusion 1-2-3 (FI,II,II) 20 hours for all three levels
- Primordial Alchemy Qigong (PAQ) 10 hours
- Lesser Kan & Li (KL1) 20 hours
- Greater Kan & Li (KL2) 20 hours
- Greatest Kan & Li (KL3) 20 hours
- Sealing of the 5 Senses(SFS) 20 hours

Upgrade from Inner Alchemy Certified Instructor **be active for min. 4 years**
 Certified in Iron Shirt 1 (key IS1), Healing Love (key HL), Tao Yin (key TY),
 Fusion 1 (key FU1), Cosmic Vision (key CV),
 Primordial Alchemy Qigong (key PAQ)
 Inner Alchemy Qigong Instructor (key QI-1)

to Inner Alchemy Senior Instructor Level 1
 has then permission to evaluate Inner Alchemy Qigong Instructor Level 1
 Inner Alchemy Qigong Instructor Level 2 if has all 4 disciplines
 Inner Alchemy Associate Instructor

Upgrade from Inner Alchemy Senior Instructor Level 1 **be active for min. 4 years**
additional certification in Tai Chi I (key TC1), Tan Tien Chi Kung (key TT),
Fusion 2, 3 (key FU2-3)
to have certified 25 UHT Inner Alchemy Associate Instructors

to Inner Alchemy Senior Instructor Level 2
has then permission to evaluate Inner Alchemy Qigong Instructor Level 1&2 (QI-1 & QI-2)
Inner Alchemy Associate Instructor (key AI)
Inner Alchemy Certified Instructor (key CI)
If has all the certification which will be evaluated