

#### UNIVERSAL HEALING TAO S W I T Z E R L A N D

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#### Hello

Below is a brief description of the 12 evening seminar titles. Each evening seminar lasts 3 hours. I convey the essence of the respective topic not only practically and theoretically but also how to apply it in everyday 24-hour life. I look forward to your participation.

flowjoy©greetings Rentao

# Introduction to the Universal Healing Tao System and the 9 formulas of inner alchemy



In this evening seminar you will be introduced to the complete and integral Universal Healing Tao System. You will learn to practice some central techniques such as connecting, inner smiling and the 6 Healing Sounds. You will recognize and feel the positive effects of these techniques for your health and your everyday life



#### 4-Dim. health in everyday life - how is that possible?



In this evening seminar you will learn how important it is to consider all 4 dimensions (body, mind, emotions, spirit) in your daily life if you want to be happy, healthy and creative. You will experience these 4 dimensions and see how easy it is to integrate all of them in a balanced way into your everyday life. You will find flowing joy (flowjoy), are full of energy and relaxed at the same time.

If we do not take these dimensions into account in a balanced way, then a dynamic occurs that drains more energy from us than it provides and ultimately leads to manifests itself in discomfort, illness, negative emotions and imbalance.

# Activating, guiding and storing energy in the body



In this evening seminar you will get to know your energy matrix. You will practice how to consciously mobilize, activate and reuse energies qualitatively and quantitatively.

You will discover how to transform your energy losses in everyday life into energy gains and feel healthier, more balanced and more energized.

### Sexual energy competence and creative energy



In this evening seminar you will learn all the secrets about sexuality, sexual energy and spirituality. The links between being creative and healthy will be shown and we will learn some simple exercises that will enable you to consciously direct your own sexual energy. Learn to transform your sexual energy competently and consciously and to use it specifically for a healthy, long and creative life

# Chi Nei Tsang - 5 Organ Abdominal Self Massage and how train our 2nd brain?



Chi Nei Tsang (energy massage of the internal organs) is a therapeutic massage that releases blockages in the abdominal the abdomen and promotes the free flow of energy throughout the body. The abdominal self-massage uses simple techniques to activate the body's self-healing powers.



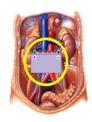
## Transform the fear matrix - recharge your batteries



In this evening seminar you will learn to see through the so-called fear matrix. To do this, we will practice some key techniques such as connecting to connect, inner smiles and the 6 Healing Sounds to transform fear and its sometimes paralyzing power.

You will breathe a sigh of relief, recharge your batteries and recognize and feel the positive effects of these techniques for your health and your everyday life.

## Burn in instead of burn out - fully recharge your battery



In this evening seminar you will learn how to absorb your exhaustion and recharge your inner battery. You will actively mobilize high-quality energies and feed these to your energy system. In this way you transform a "burn out" into a a "burn in". You can use this energy gain specifically for your regeneration and healing process.

### The multi-orgasmic couple - 'Eros-Agape-Amor'



In this evening seminar you will learn about the three main centers 'Eros-Agape-Amor' and to bring their essential energies in harmony with each other. You will learn how these three love energies either create a lot of confusion and problems in all our relationships. Or if they are consciously practiced, can enrich us harmonious and energetically in our relationships. At the end of the evening, the so-called 'being one' with a partner will be experienced through the 'Cosmic Hug' in a simple way and very tangible way.



## flow-joy<sup>©</sup> and the 4-dimensional health model



Flow and joy are two important components for a healthy, happy and balanced. In this evening seminar the interplay of the 4 dimensions of health and flowjoy - the flowing joy is made accessible.

After this evening seminar you eventually ask yourself only those two questions: Is it flowing and is it joyful today? The answer to this will give you more energy, flow and joy (flowjoy©) in your everyday life.

### Compassion, orgasm and eternal life



In this evening seminar you will learn how the energy of compassion, orgiastic energy and eternal life are connected.

You will also learn that when these energies are consciously and alchemically reconnected that this can have a decisive influence on your health. To be full of energy and happiness is the birthright of every human being. Get it now.

